

## *The Twelve Days of Christmas Races / July 2012*

### **Clover Glove, Keel & Ryles Holiday, Black Bag, Run & See GA Races (A Points Extravaganza)**



The Races are planned to earn a large number of points in 3 Grand Prix series as we run 12 Christmas races in July and raise funds for 4-H. Awards to be presented on the 12<sup>th</sup> race. **One Technical T-shirt is provided to each preregistered runner. Race day registration shirts (cotton) as available.**

The 1<sup>st</sup>-4<sup>th</sup> day of Christmas Races will be "Home Run" type races. You pick your course, run the race & submit time for placing. CGRS will publish times and winners for each of the races. Clover Glove points will accrue for each of the four races. We will add the times of the four races to generate a 10-mile Black Bag and Run & See GA Race Time. The 10-mile (16.1K) times placing will result in double points for Run & See. Send race times to Roger Keel ([rkeel@mindspring.com](mailto:rkeel@mindspring.com))

- \_\_\_ July 1 (1<sup>st</sup> Day) 1 Mile Race On your own
- \_\_\_ July 2 (2<sup>nd</sup> Day) 2 Mile Race On Your Own
- \_\_\_ July 4 (3<sup>rd</sup> Day) 3 Mile Race\* On Your Own
- \_\_\_ July 6 (4<sup>th</sup> Day) 4 Mile Race On Your Own

Days 5-9 will include 2 "in person" races and 3 "Home Run" races. Send "Home Run" times to Roger Keel. All result in 1X points for all 3 series.

- \_\_\_ July 7 (5<sup>th</sup> day) 5K (3.1m) 9:04 am Rock Hawk, Putnam County
- \_\_\_ July 8 (6<sup>th</sup> day) 6K (3.72m) 2:04 pm 77 Veterans Park, Watkinsville
- \_\_\_ July 11 (7<sup>th</sup> day) 7K (4.34m) On Your Own
- \_\_\_ July 12 (8<sup>th</sup> day) 8K (5m) On Your Own
- \_\_\_ July 17 (9<sup>th</sup> day) 9K (5.58m) On Your Own

Days 10 and 11 held at Fortson. Overnight lodging available. Lodging fee is \$15. Bring linens. Both races earn 2X points in R&S and CGRS.- single points in BB

- \_\_\_ July 20 (10<sup>th</sup> Day) 10.4K -6.45m 7:04 pm Fortson 4-H Center, Hampton
- \_\_\_ July 21 (11<sup>th</sup> day) 11K ( 6.72m) 7:44 am Fortson 4-H Center, Hampton

The awards ceremony and final race at Rock Eagle. Double points.

- \_\_\_ July 28 (12<sup>th</sup> day) 12K (7.44m)\*\* 7:34 am Rock Eagle 4-H Center, Eatonton GA

\*Day 3 - may use first three miles of PT or other 10k.

\*\*Day 12- Race will be promoted as 4-H (Hard Hills, Heat and Humidity) also.

Fees: Days 1-4 are \$15 each or all four for \$25 (preregister only). Days 5-9 are \$20 each or all five for \$75 (preregistration) 5K is \$20 on race day. Races 10-12 are \$20 each or all three for \$50 (\$20 each on race day) **All 12 races for one price of \$114** on or before July 1. Total package \$130 after July 10. Lodging at Fortson is \$15 per person. Family rate available for families 3-7 people. Contact Bo or Roger.

**Race day registration accepted for races 5,6,10,11, & 12. Shirts as available with race day registration. One shirt per runner no mater how many races. Win age group in all twelve races and receive 150 Clover Glove, 120 Black Bag, 260 R&S GA. We will present awards occasionally. Overall, Master, Grand Master, Supreme Senior, and Youth awards for the individuals that have the lowest cumulative time for the 12 races (must run all 12 races.)**

Send Form and Payment payable to The Georgia 4-H Foundation to Races, State 4-H Office, Hoke Smith Annex, UGA, Athens GA 30602. Questions: [boryles@uga.edu](mailto:boryles@uga.edu) or [rkeel@mindspring.com](mailto:rkeel@mindspring.com) Visit <http://www.georgia4h.org> for directions to the 4-H Centers. Fortson is behind Atlanta International Speedway and Rock Eagle is off 441 between Eatonton and Madison. Rock Hawk is off Hwy 16 in Putnam County. <http://www.rockhawk.org/park/location>

NAME \_\_\_\_\_ email \_\_\_\_\_ Age on July 12 \_\_\_\_ Gender \_\_

Birthday \_\_\_\_\_ Shirt Size: \_\_\_\_\_ Phone \_\_\_\_\_ Emergency Phone \_\_\_\_\_

Address: \_\_\_\_\_

Amount Encl: \$ \_\_\_\_\_ Races (Circle) : 1, 2, 3, 4, 5 ,6, 7, 8, 9, 10, 11, 12

In consideration of being allowed to participate, I, intending to be legally bound for myself, my heirs, executors, and administrators, do hereby release and discharge from any and all, liability for injuries, illness and damages I may suffer arising out of or resulting from my participation in or traveling to or from this event the following: 12 Days of Christmas Races. I also hereby release all property owners and persons connected to this event. I further attest that I am physically fit and have sufficiently trained for this event. I understand that my fee is nonrefundable. I hereby certify that I am eighteen (18) years of age, or that I have the consent of my parent/guardian as attested by their signature below.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date



***We don't pretend to be race directors - just 2 ole runners having fun.***

Submit "Home Run" race results to [rkeel@mindspring.com](mailto:rkeel@mindspring.com) or in person to Roger. Use the following format:

Name \_\_\_\_\_ Gender \_\_\_\_ Age \_\_\_\_\_

Race Distance \_\_\_\_\_ Race Clock Time \_\_\_\_\_

Race Location \_\_\_\_\_ Phone \_\_\_\_\_ email \_\_\_\_\_

version 2/22



Clover Glove

2/24/12 8:19 PM