

5K, 10.5 K & Fun Run

Date: March 31st 2012
Location: Impact Sports and Fitness

**Fun Run begins
at 7:45 am**

5K begins at 8:00 am

10.5K begins at 8:00am

- **T-shirts for all runners registered by March**



Directions:

From 1-75, take Exit 101. Go West on Hwy 280. Turn left at first traffic light. Go South 1 block, gym is on left.

Entry fees:

- \$20.00 for pre-registered runners (both 5K and 10.5 K \$ 30)
- \$25.00 for runners after March 28th
- \$50.00 for families

Register Online
www.active.com

Return with payment to:
Crisp Regional Hospital
P.O. Box 5007
Cordele, Ga. 31015
229-276-3212

Or
Impact Sports and Fitness
1107 Greer Street
Cordele, Ga. 31015
229-271-1900



Mail form and entry fee to:

Crisp Regional Hospital
P.O. Box 5007
Cordele, Ga. 31010

Circle One: Male/ Female
Circle One: Fun Run / 5K / 10.5K

Name _____

Address _____

Phone _____

T-shirt Size: S M L XL

Sex _____ Date of Birth _____

Waiver: In consideration of my acceptance of this entry, my heirs and assigns, waiver any and all claims I may have against Impact Sports and Fitness volunteers, staff, all sponsors, and the representatives for any and all injuries by me in the said event. I attest that I am physically fit and trained for the event.

Signature _____ Date _____

Signature of parent or guardian if under 18 years of age. _____ Date _____