



## The 4-H Race (Heat, Humidity, Hard Hills)

At Rock Eagle 4-H Center

Sat July 26: A 12K Race Supporting GA 4-H

Where: Rock Eagle 4-H Center- located just off Hwy 441 between Madison and Eatonton. Race is on the main campus inside security gate. Paved roads-Rolling hills-Beautiful setting. <http://www.rockeagle4h.org/>

When: July 26 2014. Race begins at 7:34 am. Registration opens at 6:34 am.

The Race: This 12k is the final race of the 12 Days of Christmas Series. This designation as The 4-H Race is used for those wishing to run this finale race only. The course will be on the paved roads of Rock Eagle. There are many hills and the date makes it an almost certainty for the heat and humidity elements. If you wish to participate in more of the 12 Days series, visit <http://www.cloverglove.com> for details.

Shirts and Awards: Christmas ornaments will be presented to winners. 100% cotton short-sleeved shirts presented to preregistered runners and on race day as long as available. This is a Clover Glove, Black Bag, and Run and See GA Race.

Registration: Preregistration (before July 15) is \$20. After July 15th and on race day, registration is \$25. Payment payable to: The Georgia 4-H Foundation. Mail to Clover Glove Races, State 4-H Office, Hoke Smith Annex, UGA, Athens GA 30602.

Questions: [boryles@gmail.com](mailto:boryles@gmail.com) , [rkeel@mindspring.com](mailto:rkeel@mindspring.com)

ONLINE: <https://endurancecui.active.com/event-reg/select-race?e=9186452>

NAME \_\_\_\_\_ email \_\_\_\_\_ Age on July 28 \_\_\_\_ Gender \_\_\_\_

Birthday \_\_\_\_\_ Shirt Size: \_\_\_\_\_ Phone \_\_\_\_\_ Emergency Phone \_\_\_\_\_

Address: \_\_\_\_\_

Amount Encl: \$ \_\_\_\_\_ 4-H Members or Volunteers, check here \_\_\_\_

In consideration of being allowed to participate, I, intending to be legally bound for myself, my heirs, executors, and administrators, do hereby release and discharge from any and all, liability for injuries, illness and damages I may suffer arising out of or resulting from my participation in or traveling to or from this event the following: 4-H Race, the facility, organizations, and people involved with coordination. I also hereby release all property owners and persons connected to this event. I further attest that I am physically fit and have sufficiently trained for this event. I understand that my fee is nonrefundable. I hereby certify that I am eighteen (18) years of age, or that I have the consent of my parent/guardian as attested by their signature below.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Parent or Guardian

