



The 6th Annual Twelve Days of Christmas (in July) Races

Clover Glove, Black Bag, Run & See GA Races

Earn points in 3 Grand Prix series as you run 12 races and support 4-H. Overall Awards to be presented at the 12th race. One (Extra Nice soft cotton) T-shirt provided to each preregistered runner. Race day registration will be regular shirts as available.

The 1st-5th day Races will be "Home Run" type races. Pick your course, run the race & submit time for placing. Clover Glove & Black Bag points will accrue for each of the 5 races. We will add the times of first 3 races to generate a 6.24K Run & See GA. Send times: (<u>rkeel@mindspring.com</u>)

July 1 (1 st Day) 1K (.62mile)	On Your own	
July 2 (2 nd Day) 2K (1.24 mile)	On Your Own	
July 4 (3 rd Day) **3.24K (2 mile)	On Your Own	
July 6 (5thDay) 5k (3.1 mile)	On Your Own	
July 7 (6th day) 6K (3.75 mile)	On Your Own	
We know we skipped 4k, its coming in next set.		

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Days 6-7 will include 1"in person" race and 1 "Home Run"

__July 09 (4th day) 4K 7:34 P.M. Oconee Ext Office (1450 Gov St Rd, Watkinsville)

__July 12 (7th day) 7K (4.34m) On Your Own

Days 8 and 9 held at Fortson. Overnight lodging available. Lodging fee is \$15.Bring linens____July 15 (8th day)8K (5m)7:04 pm Fortson 4-H Center, Hampton___July 16 (9th day) 5k + 4k (5.58m)7:44 am Fortson 4-H Center, Hampton

Days 10-12 will include 1 "in person" race and 2 "Home Run"

July 30 (12 th day) **12K (7.44 mile)	7:34 am Rock Eagle 4-H Center, Eatonton GA
	On Your Own
July 19 (10 th day) 10.4K (6.45m)	On Your Own

The awards ceremony and final race will be at Rock Eagle 4-H Center.

* July 9 -Day 4 race will also be promoted as OC 4-H 4K

**July 4- Day 3 – may use first three miles of PT or other 10k.

**July 30- Day 12 Race will be promoted as 4-H 12K (Hard Hills, Heat and Humidity) also.

To be eligible for the overall awards, a runner must participate in the 4 in person runs at the scheduled time.

Fees: Days 1-5 are \$16 each or all 5 for \$70 (preregister only). All 8 Home Runs available for \$114. All 4 in person only races \$64 preregistration. In person races are \$20 each on race day. **All 12 races for one price of \$144** on or before July 1. Total package is \$164 after July 9. Lodging at Fortson is \$15 per person. Family rate are available for families of 3-7 people. One shirt per runner no matter how many races.

Win age group in all twelve races and receive 160 Clover Glove, 130 Black Bag, 280 R&S GA. Overall, Master, Grand Master, Supreme Senior, and Youth awards for the individuals that have the lowest cumulative time for the 12 races. Must run all 12 races and run the 4 in person races at the scheduled time.

Send Form and Payment payable to The Georgia 4-H Foundation. Mail to 12 Days Races/Clover Glove, State 4-H Office, Hoke Smith Annex, UGA, Athens GA 30602. Questions: <u>boryles@gmail.com</u> or <u>rkeel@mindspring.com</u> Visit <u>http://www.georgia4h.org</u> for directions to the 4-H Centers. Fortson is behind Atlanta International Speedway and Rock Eagle is off 441 between Eatonton and Madison. The Oconee Extension Office is located just off Hwy 15 near the US 441 junction on Government Station Rd.

NAME	email	A	Age on July 1	
Gender Birthday	Shirt Size:	Phone	Emergency Phone	
Address:				
Amount Encl: \$	_ (Circle July race day)) : 1, 2, 4, 6, 7 ,9	, 12, 15, 16, 19, 26, 30	

In consideration of being allowed to participate, I, intending to be legally bound for myself, my heirs, executors, and administrators, do hereby release and discharge from any and all, liability for injuries, illness and damages I may suffer arising out of or resulting from my participation in or traveling to or from this event the following: 12 Days of Christmas Races. I also hereby release all property owners and persons connected to this event. I further attest that I am physically fit and have sufficiently trained for this event. I understand that my fee is nonrefundable. I hereby certify that I am eighteen (18) years of age, or that I have the consent of my parent/guardian as attested by their signature below.

Signature	Date	R R R R R R R R R R R R R R R R R R R	RUN_& SEE
		CE SER	GRAAD PELX Since 1989

Submit "Home Run" race results to <u>rkeel@mindspring.com</u> or in person to Roger. Use the following format:

Name	Gender Age	
Race Distance	Race Clock Time	
Race Location	Phoneemail	Revision Date 3/27/2016