

The 17th Annual

SANDY CREEK
Nature Center

Frog Hop 5K & 1 mile Tadpole Fun Run

Sunday, Feb. 14, 2016

2 p.m. - Tadpole Fun Run

2:30 p.m. - 5K

Awards: Unique trophies for overall male/female, Overall male/female masters, and top three in 15 different age groups. Participation medals for kids in the Fun Run.

Course: Both courses are on the paved North Oconee Greenway, starting at Sandy Creek Nature Center. The race is part of the Run and See Georgia series.

Directions: Sandy Creek Nature Center, 205 Old Commerce Road. Entrance to Nature Center is 1 mile north of the Athens Perimeter, just off U.S 441 North.

Walkers & strollers are welcome!

Entry Fees:

Entry fees postmarked or paid in person **before**

Feb. 4: \$20 per person

(either event), \$60 Family-of-4

rate, \$17 for "no-shirt" option. **All**

entries received after Feb. 4 or on race day are \$25 per person and cannot be guaranteed a t-shirt.

Goodies: Early entrants will receive a unique short sleeved T-shirt (and while supplies last to late registrants) snacks, bananas and other goodies.

Information: Please call Katie at Sandy Creek Nature Center, (706) 613-3615, ext. 235.

Thanks to Our Sponsors!

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FIVE POINTS EYECARE



Sandy Creek Nature Center
is a facility of the Athens-
Clarke County Department
of Leisure Services.



2016 Frog Hop Entry Form

Please return form (one entrant per form) and check to Frog Hop 5K, c/o Sandy Creek Nature Center, 205 Old Commerce Road, Athens, GA 30607. Entry fees postmarked or paid in person

before Feb 4: \$20 per person (either event), \$60 Family-of-4 rate, \$17 for "no-shirt" option.

All entries received after February 4 or on race day are \$25 per person and not guaranteed a t-shirt.

Name: _____

Age: _____ DOB: _____ Sex: _____ Phone: _____

Address: _____

City: _____ State: _____ Zip: _____

e-mail address: _____

Event: ☐ 5K ☐ Tadpole Fun Run

Size: ☐ Child Small ☐ Child Med ☐ No Shirt Option (\$17, before Feb. 4 only)

☐ Adult Small ☐ Adult Med ☐ Adult Lg ☐ Adult XL ☐ Adult XXL (please add \$2)
(same as Child Large)

I cannot participate, but would like to support the event in the amount of \$_____.

WAIVER:

I hereby release the hosts, sponsors, and officials of the 17th Annual Frog Hop 5K and Tadpole 1 Mile Fun Run from all claims of injury or damages resulting from my participation in said events. I realize that this is a strenuous event, which requires proper physical conditioning.

I hereby certify that I am in proper physical condition to participate. I also give permission for use of my name and/or picture in any media and/or other account of this event. Race is rain or shine. If canceled, all monies are considered a donation to Sandy Creek Nature Center.

Date _____

Signature (Parent or guardian if under 18) _____