## "The 4's Races" Four 4Ks For 4-H CloverGlove/BlackBag/Run&See GA Races

Fri: 8/16/19 6:44 p.m. Sat: 8/17 7:44 a.m

Rock Eagle 4-H Center Eatonton GA 31024



WHERE: Rock Eagle 4-H Center- Hwy 441 between Madison & Eatonton GA. <u>http://www.rockeagle4h.org/</u> Register @ GAEMC/Senior Pavilion. Races will be run inside the center. 8/16- 6:44 pm (Clover 4K) on trails. 7:24 PM (Quafolium 4K) on paved streets. 8/17 7:44 am (IHTR 4k) on streets and 8:24 am (Lucky 4K) on trails.

AWARDS/ Shirts. All preregister runners receive one shirt. Runners completing 2 or more races receive a clover medallion. Overall (cumulative times of the 4 races) and Master Winners will receive unique four leaf clover items. Race day shirts- as long as they last. Points in Clover Glove, Black Bag and Run and See GA.

REGISTRATION: 1 race \$20/ 2 races \$35/ 3 races \$45/ 4 races/ \$50 received or postmarked by 8/6/19. After 8/06/19 and on race day fee is \$25 for one race/ \$40 two races/\$50 three races/ \$60 four races. Registration is available at active.com. Race Day Registration begins one hour before start on race day.

Lodging and Meals: Comfortable new cabins have rooms with 2 bunk beds and private bath. Lodging is \$30 per room based on 2 per room (using bottom beds). Reserve an entire room for \$60 for 1-4 people. Spaghetti Dinner is \$12. Breakfast is \$4. Separate form for Meals and Lodging.

PROCEEDS: The proceeds from the races will benefit Georgia 4-H supporting scholarships, programs, and projects for Georgia's youth. The Georgia 4-H Foundation is a 501(c)3 charitable organization.

Contact: Roger Keel at rkeel@mindspring.com Bo Ryles boryles@gmail.com

<b>C</b> hecks: Georgia 4-H Foundation Mail:CloverGlove, Hoke Smith Annex, UGA, Athens GA 30602.	
Before 8/06/19. Circle choice: 1 Race: \$20, 2 races: \$35, 3 races: \$45, 4 Races \$50.	-40
Lodging and Meals Must be Reserved Separately.	*
Race Day: See Above	

Name:	Gender: Age (on Race Day) Shirt Size	
Address:	Phone:	
Email:	Emergency Contact:	www.georgianunner.com

In consideration of being allowed to participate, I, intending to be legally bound for myself, my heirs, executors, and administrators, do hereby release and discharge from any and all, liability for injuries, illness and damages I may suffer arising out of or resulting from my participation in or traveling to or from this event the following: The Fours Races. I also hereby release all property owners and persons connected to this event. I further attest that I am physically fit and have sufficiently trained for this event. I understand that my fee is nonrefundable. I hereby certify that I am eighteen (18) years of age, or that I have the consent of my parent/guardian as attested by their signature below.

Signature \_\_\_\_\_

Date \_\_\_\_\_