



# 22<sup>nd</sup> Annual Beulah Bobcat Run Saturday, April 22, 2023

Come run/walk a Mile, 4K, 5K, or all three in Beulah, Alabama.  
4848 Lee Road 270, Valley, Alabama 36854

Races presented by the Beulah Athletic Association.

**1 Mile:** 8:00 a.m. central time/9:00 a.m. eastern time

**4K:** 8:30 a.m. central time/9:30 a.m. eastern time

**5K:** 9:30 a.m. central time/10:30 a.m. eastern time

**Bonus 4K & 5K Home Run for Points:** Must complete runs by April 24 and send results to  
[rkeel@mindspring.com](mailto:rkeel@mindspring.com)

**POINTS IN TWO SERIES FOR ALL FIVE RACES!**

### Entry Fee:

\$20.00 for one race if received by April 6, 2023	\$25.00 if received after April 6, 2023
\$25.00 for two races if received by April 6, 2023	\$30.00 if received after April 6, 2023
\$30.00 for three races if received by April 6, 2023	\$35.00 if received after April 6, 2023
\$35.00 for four races if received by April 6, 2023	\$40.00 if received after April 6, 2023
\$40.00 for five races if received by April 6, 2023	\$45.00 if received after April 6, 2023

### 1 Mile Awards:

Top Female/Male: Overall, Beulah High, and Beulah Elementary and first in these age groups: 6 & under, 7-11, 12-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80 & over.

### 4K & 5K Awards:

Top Female/Male: Overall, Master, Grandmaster, Senior Grandmaster and top three in these age groups: 10 & under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 & over.

**Questions:** Call Roger Keel at 334.524.2884 or email at [rkeel@mindspring.com](mailto:rkeel@mindspring.com).

**Mail Check & Entry to:** Beulah High School-Bobcat Run, Attention Ms. Magbee, 4848 Lee Road 270, Valley, AL 36854

**Shirt Size (Circle One):** YS YM YL S M L XL XXL XXXL

**Shirt Style (Circle One):** Technical/Dry-Fit Shirt 50/50 Cotton

**Race (Circle ones you will run in person):** 1 Mile 4K 5K

**Race (Circle ones you will run virtually):** 1 Mile 4K 5K Bonus Home Run 4K Bonus Home Run 5K

**I don't want to run. Please mail my shirt after the race.**

**First Name:** \_\_\_\_\_ **Last Name:** \_\_\_\_\_ **Gender** \_\_\_\_ **Age:** \_\_\_\_

**Phone:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City/State/Zip:** \_\_\_\_\_

**Emergency Contact:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

In consideration of the acceptance of this entry, I, the undersigned, intending to be legally bound hereby for myself, heirs, executors and administrators, waive and release all rights and claims for damages that I may have against the Beulah Athletic Association, race directors, officers, agents of them, any and all injuries suffered by me in this event, including pre and post-race activities, and agree they are under no obligation to provide a physical examination or other evidence of fitness to participate. I attest and verify that I am physically fit and have sufficiently trained for this event.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

*\*Parent must sign if participant is under 18 years of age*

