

Express Your Superpower 5K and 10K 5K
Overall Finish List
October 04, 2025
Results By BT Race Timing, LLC BT Race Timing

5K

Place	Name	City	Bib No	Age	Age Group Place	Total Time	Total Pace
1	Hal Cottingham	Acworth GA	1410	51	****:M 50-59	22:26.1	7:14/M
2	Luke Roberts	Cartersville GA	1428	21	1:M 20-29	23:18.9	7:31/M
3	Elon Steyn	Ball Ground GA	1430	8	1:M 0-10	24:35.7	7:56/M
4	Hannah Kappauff	Cumming GA	1433	11	****:F 11-19	24:58.2	8:03/M
5	Theuns Steyn	Ball Ground GA	1431	41	****:M 40-49	25:33.7	8:15/M
6	Michael Beers	Austell GA	1405	64	1:M 60-69	26:17.5	8:29/M
7	Bob Connor	Woodstock GA	1408	44	1:M 40-49	26:27.5	8:32/M
8	Chicanita Hernandez	Kennesaw GA	1417	42	****:F 40-49	28:08.6	9:05/M
9	Kristina Hasty	Woodstock GA	1414	31	1:F 30-39	29:37.8	9:34/M
10	Annette Tortorici	Canton GA	1432	52	1:F 50-59	31:03.5	10:01/M
11	Camille Connor	Woodstock GA	1409	43	1:F 40-49	31:04.8	10:02/M
12	Andrew Spanjer	Alpharetta GA	1429	28	2:M 20-29	31:29.9	10:10/M
13	Jacob Hasty	Woodstock GA	1413	30	1:M 30-39	31:43.8	10:14/M
14	Chad Lynn Sr	Woodstock GA	1421	43	2:M 40-49	32:25.8	10:28/M
15	Cecilia Martinez	Marietta GA	1422	48	2:F 40-49	33:46.4	10:54/M
16	Abby Branson	Hammond LA	1406	18	1:F 11-19	33:49.7	10:55/M
17	Francisca Reyes	Kennesaw GA	1434	41	3:F 40-49	36:24.3	11:45/M
18	Kaylan Hefner	Ellijay GA	1416	32	2:F 30-39	38:58.6	12:34/M
19	Tammy McAninch	Marietta GA	1423	59	2:F 50-59	41:06.7	13:16/M
20	Gretchen Douglas	Marietta GA	1411	57	3:F 50-59	41:13.1	13:18/M
21	Judy Barnett	Roswell GA	1403	81	1:F 70-99	43:07.0	13:55/M
22	Kylie McClellan	Lawrenceville GA	1424	27	1:F 20-29	44:42.0	14:25/M
23	Zayra Camacho	Marietta GA	1407	21	2:F 20-29	47:45.8	15:24/M
24	Donna Reed	Ellijay GA	1427	52	4:F 50-59	50:41.6	16:21/M
25	Larry Duff	Waleska GA	1412	58	1:M 50-59	52:20.3	16:53/M
26	Sandy Hoang	Alpharetta GA	1418	40	4:F 40-49	52:21.9	16:54/M
27	Alex Kennon	Cumming GA	1420	28	3:F 20-29	53:36.4	17:18/M
28	Justina Kempfski	Canton GA	1419	36	3:F 30-39	53:36.4	17:18/M
29	Liam McIntosh	Cumming GA	1426	12	1:M 11-19	1:07:16.9	21:42/M

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10K

Place	Name	City	Bib No	Age	Age Group Place	Total Time	Total Pace
1	Mikey Bryant	Cartersville GA	520	40	*****:M 40-49	36:34.5	5:54/M
2	Kazuhiro Tamaki	Sandy Springs GA	539	46	*****:M 40-49	39:53.2	6:26/M
3	Sebastian Viveros	Canton GA	542	56	1:M 50-59	44:37.9	7:12/M
4	Michael Crouse	Canton GA	521	46	1:M 40-49	45:30.7	7:20/M
5	Rodel Jose	Marietta GA	526	24	1:M 20-29	49:44.4	8:01/M
6	Alex O'Sullivan	Woodstock GA	533	16	1:M 11-19	56:11.7	9:04/M
7	Jayden Rutledge	Canton GA	536	22	*****:F 20-29	56:23.6	9:06/M
8	Natalie Taylor	Canton GA	540	19	1:F 11-19	57:13.3	9:14/M
9	Tona Kautz	Canton GA	527	48	*****:F 40-49	57:24.1	9:16/M
10	Adrian Smith	Owensboro KY	537	50	2:M 50-59	1:03:09.8	10:11/M
11	Steven O'Sullivan	Woodstock GA	534	54	3:M 50-59	1:03:11.5	10:12/M
12	Becky Loveland	Marietta GA	528	49	1:F 40-49	1:04:13.6	10:22/M
13	Christa Dias	Powder Springs GA	522	46	2:F 40-49	1:04:15.1	10:22/M
14	Clare Smyth	Canton GA	538	48	3:F 40-49	1:07:00.3	10:48/M
15	Stephanie Waldrop	Canton GA	543	39	1:F 30-39	1:15:11.8	12:08/M
16	Kelly Gonter	Cumming GA	524	64	1:F 60-69	1:17:52.2	12:34/M
17	Jennifer Varner	Carnesville GA	541	34	2:F 30-39	1:22:44.0	13:21/M
18	Donna McIntosh	Cumming GA	531	72	1:F 70-99	1:30:07.2	14:32/M
19	Harvey McIntosh	Cumming GA	532	9	1:M 0-10	1:36:17.7	15:32/M

Virtual 5K

Place	First	Last	Age	Gender	Time
1	Lexa	Hendrix	23	F	26:07:00
2	Roger	Keel	72	M	30:25:00
3	George	Southgate	79	M	38:35:00
4	Allison	Schmidt	31	F	41:26:00
5	Brenda Gail	Wall	73	F	1:10:44

Virtual 10K

Place	First	Last	Age	Gender	Time
1	Roger	Keel	72	M	1:07:13
2	Heather	Sloan	55	F	1:38:15
3	Brenda Gail	Wall	73	F	2:12:42